



OPIOID ADDICTION REHAB

CALL CRESTVIEW RECOVERY TODAY.
(866) 262-0531

In the past few years, opioid addiction has become a significant problem in the US. More and more people are falling prey to the euphoric effects of opioid painkillers and illicit opioids such as heroin. Whether one has a [prescription drug addiction](#) or [heroin addiction](#), the addictive nature of opioids makes it difficult to stop taking them once individuals develop a dependency. However, with the proper [addiction treatment program](#), you or a loved one can overcome an active addiction with opioid addiction rehab at Crestview Recovery Center.



WHAT IS AN OPIOID ADDICTION?

Some of the most commonly abused opioids are prescription pain relievers and heroin. There's a significant difference between opioids abuse and addiction. Individuals who abuse opioids aren't necessarily dependent on them. They're able to stop using the drugs if they need to. However, those with opioids addictions always put their drug use first. They may not be able to stop taking their drug of choice, even if their relationships and careers start to suffer. They may also end up in legal trouble.



Of the record number of drug deaths in 2016, more than 66% involved opioids.

Opioid use disorder and addiction is an epidemic. Avoid becoming another statistic by calling Crestview Recovery today!

If you're concerned that your loved one might have an opioids addiction, look for the following signs:

- Constant euphoria
- Increased anxiety
- Unusual sleeping patterns
- Decreased motivation
- "Nodding off"
- Slowed breathing
- Poor concentration

OPIOID ADDICTION FACTS AND STATS



In 2016 alone almost 50 million Americans used drugs or misused prescription opiates.



By 2018, 9.6 million adults were abusing opioids alone.



Over 100,000 adolescents, children between 12-17, suffer from opioid use disorder.

Source:

<https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2018/NSDUHNationalFindingsReport2018.pdf>

<https://www.cdc.gov/drugoverdose/pdf/pubs/2018-cdc-drug-surveillance-report.pdf>

Overdose is also a very real danger of an opioids addiction. If your loved one has bluish lips, shallow breathing or isn't conscious after taking opioids, you should immediately call emergency medical personnel.

"I have been to treatment before, but not this facility. Crestview provides excellent care to their patients. Highly educated and experienced staff. The strengths come from the experience and knowledge of the staff.

Many of them are in recovery and that makes all the difference when it comes to getting through to a patient."

Sara

Our treatment programs accommodate client needs across the board such as:

- Residential Treatment
- Intensive Outpatient Treatment Program (IOP)
- Partial Hospitalization Program (PHP)
- Extended Care Addiction Treatment Center
- Aftercare Programs

HOW ADDICTION AFFECTS THE BRAIN

Opioid abuse and addiction can occur to anyone regardless of the amount or frequency of use. Often individuals have no intention of becoming dependent or of even using opioids to get a 'high.' Rather, because of the drug's potency and effects on the brain, they inadvertently become addicted. This leads individuals to seek out more of the drug or even substitutes for it. Thus, opioid use needs to be closely monitored. This is especially true for those taking prescription opioids. However, many don't understand just how opioids affect brain chemistry causing dependence.

Addiction is a disease. It occurs when the brain becomes reliant upon an outside source for vital chemical processes. Dependent or addicted individuals experience irresistible cravings. These lead

individuals to make compulsive and often dangerous decision to continue using the drug. Just like healing from any other bodily disease, an individual experiencing opioid use disorder or addiction needs professional treatment and sometimes medication. Because opioids target powerful reward or pleasure centers of the brain, they are highly addictive.

When an individual takes opioids, [the drug binds and activates neurotransmitters in the brain](#). These handle the creation and release of such pleasure-giving chemicals like dopamine. The prescription purpose of opioids is to block pain signals sent from the brain. Thus, they release large quantities of dopamine. The longer an individual takes opioids, the more the brain becomes accustomed to the drug being responsible for this chemical process. Therefore, when an individual stops taking the opioids they can experience withdrawal as the brain attempts to make up for the sudden loss. Some common symptoms of opioid withdrawal include:

- **Muscle and bone pain**
- **Difficulty sleeping or other sleep issues**
- **Diarrhea and vomiting**
- **Uncontrollable leg movements**

This is how, unless managed attentively, opioids trigger addiction. When individuals taking prescription opioids diverge from the directions given by their doctor, addiction

can develop. For instance, when individuals crush pills into a powder to snort or dissolve in water for quicker effect, they are abusing the drug. By doing so, they increase the likelihood that their brain will be unable to cope once the drug is no longer used.

HOW REHAB TREATS OPIOIDS ADDICTION

The first step of beating an opioid addiction is the withdrawal process.

Since most people who develop addictions to these drugs have a physical dependency, they generally experience uncomfortable withdrawal symptoms. Patients usually describe these as flu-like symptoms.

After the withdrawal process, patients continue on to a rehab program.

This program can be an extended care treatment program, a partial hospitalization treatment program, an intensive outpatient treatment program or an outpatient treatment program. Each level of care is designed for patients with different levels of addictions. Some even start out with partial hospitalization and step down as they progress through the recovery process.

Partial hospitalization (PHP) sees patients come to the rehab facility or designated medical center to receive treatment. Often this includes therapy programs such as:

- Individual Therapy
- Group Therapy
- Family Therapy
- Trauma Therapy



Once the structured day is completed, patients return to their home or approved living facility. Similarly, our intensive outpatient program (IOP) bridges the gap between residential treatment and aftercare. In IOP, patients are able to work and attend school (typically during the day) and then receive a concentrated treatment program in the evening. This treatment is still of the same quality as residential or PHP care. All of these programs as well as others Crestview Recovery provides are designed to serve the specific needs of patients. We do this each patient gets the optimal care and is set up to succeed in their recovery. This means transitioning back to everyday life and reducing the possibility of relapse.

In rehab, professional counselors provide therapy options and personalized treatment programs to fit each individual. This may

include cognitive behavioral therapy, dual diagnosis therapy, experiential treatments or a combination.

Over 5,000 people a day begin misusing prescription opioids on average.

Opioid addiction doesn't have to claim your life or the life of a loved one. Calling Crestview Recovery today can get you on the path to recovery.

WHETHER YOU OR A LOVED ONE HAS AN OPIOIDS ADDICTION, LOOKING FOR A REHAB PROGRAM IS AN IMPORTANT FIRST STEP TO SOBRIETY. IT MAY SEEM SCARY AT FIRST, BUT YOU'RE ALWAYS WELCOME TO TALK TO ONE OF OUR PROFESSIONAL COUNSELORS TO LEARN MORE ABOUT AVAILABLE PROGRAMS AND TREATMENT. AT CRESTVIEW RECOVERY, WE BELIEVE IN OFFERING ONLY THE BEST IN DRUG ADDICTION TREATMENT.

**CONTACT US TODAY AT
866.262.0531**

so we can help you begin the road to recovery.